Gireat Mell Fell and Little Mell Fell Cycle Loop

Set amongst the gentle rolling fells on the northern side of Ullswater, the modest peaks of Great Mell Fell and Little Mell Fell display instantly recognisable profiles. They are surrounded by quiet lanes that loop them at a relatively high level. This cycle ride follows these lanes circumnavigating Little Mell Fell and nipping in the gap between Great Mell Fell allowing wonderful perspectives of them both and also opening up vistas to all the surrounding mountains and valleys.

1 Cross the bridge over the River Eamont on the B5320 and follow it along the shore of Ullswater to the junction with the A592. Turn R and follow it for 1.6km to a turning on the L at a bend. Turn onto it and follow the road to Dacre. Just uphill after crossing the bridge over Dacre Beck turn L and then follow the road for 2.6km to a X roads.

2 Turn R and follow the road to a junction at Sparket Mill. Turn R again and follow the road across Calley Bridge and uphill to a jct. Turn L through Hutton to a fork.

3 Take the L branch and follow the road through the dog-leg at Stoddahgate and onto a T jct at Stoddah Bank, Turn L and follow the road through the gap between Great Mell Fell and Little Mell Fell for 2.7km to a fork. Take the L branch for 630m round a bend to a jct.

4 Turn R at the junction and head to a fork. At the fork take the L branch and follow it up to Ulcat Row and past Todgill to a T jct. Turn R and follow past the side of Little Mell Fell to a jct. Take the L branch which leads round past the campsites to Bennethead

5 Turn R at the jct at Bennethead and head along the road to another ict after 150m. Take the L fork which is followed to a T jct. Turn R and head to Dacre then turn R again and retrace your outbound route back to Pooley Bridge.

Start/finish: Pooley Bridge GR NY470244

Distance: 17.3 miles (28km)

Grade: Medium - Challenge

Refreshments Cafés: Pooley Bridge **Pubs:** Pooley Bridge, Dacre **Shops:** Pooley Bridge

